



Physical Education

Ms. Silva

In the month of October students are finishing their Cooperative unit. It was a meaningful opportunity for the students to learn to work together and understand the importance of teamwork.

In the second week of October, students will start participating in a tennis unit. The focus of the unit is to develop the skills of racquet/ball handling skills, maintain control of a ball on the racquet face, and knowing how to use the forehand and backhand side of the racquet. A goal for all students is to build early confidence in the game of tennis-one of the very few sports they can play for a lifetime.

Please be aware when your child has physical education and please remind them to wear their sneakers.