



## **Physical Education**

### **Ms. Silva**

In the month of January all students will be involved in a Dance Unit. The focus of the unit is to encourage students to enjoy dance, feel comfortable dancing, and learn to perform a few simple moves and line dances to the beat of the music. Grades K-2 will participate in many different dances, such as Cha Cha Slide, Chicken Dance, Hokey Pokey, We Like to Party, YMCA, Marcarena, and Rock the Boat. Grades 3-5 will participate in dances, such as Cha Cha Slide, We Like to Party, Cotton-Eye Joe, Old Electric Slide, New Electric Slide, Turbo Hustle, a Hip Hop Dance, and the Hustle. We are in the first week of dance and the kids are showing a lot of enthusiasm and interest in the dances.