



Physical Education

Ms. Silva

In the month of March students are finishing their fitness unit. It was fun to see the students climb the ropes and the rock climbing wall. Students improved their jump roping skills and they did a super job in the jumping activities for jump rope for heart. It was a meaningful opportunity for the students to learn and help others. They learned how their hearts work and how to take care of their hearts through physical activity. The school raised over a thousand dollars for the American Heart Association. Thank you to those families who raised money.

In the third week of March, students will start participating in a tennis unit and it will run through the middle of April. Please be aware when your child has physical education because there are students still coming to class unprepared.