

# East Fairhaven School News

November 1, 2009

## Parent Teacher Conferences

This is our first year having Parent Teacher Conferences for *all students*, preschool through fifth grade. Conferences will take place on Wednesday, November 18<sup>th</sup> from 3:10-4:30 and again on Thursday, November 19<sup>th</sup> from 12:15-4:30.

Parents were asked to sign up for conferences when we had Open House in September. If you did not sign-up for a conference at that time please sign and return the form below to schedule a conference with your child's teacher or to indicate that you will not be able to attend conferences.

Due to conferences November 19<sup>th</sup> is a half day with dismissal @ 12:00. This was not originally indicated on the school calendar.

## Important Dates

- \* Nov. 3<sup>rd</sup> Pictures-Pre Pay
- \* Nov. 4<sup>th</sup> 3:15 School Council
- \* Nov. 10<sup>th</sup> Veterans Day Program
- \* Nov. 11<sup>th</sup> No School Veterans Day
- \* Nov. 18<sup>th</sup> Parent/Teacher Conferences
- \* Nov. 19<sup>th</sup> Half Day Dismissal @ 12:00 Parent/Teacher Conferences
- \* Nov. 25<sup>th</sup> Half Day NO LUNCHES
- \* Nov. 25<sup>th</sup> Spirit Day
- \* Nov. 26<sup>th</sup>-27<sup>th</sup> Thanksgiving Recess

## Parking/Bus Alert

Cars CAN NOT park in the bus lane at any time. Adults picking up children have been parking in the bus lane near the basketball court. This is a No Parking zone and it creates a problem for our busses. Also, if you are traveling around the circle near preschool cars must stop for busses and vans when their lights are flashing. This is the law and a huge safety concern.

Please clip and return.

Child's Name: \_\_\_\_\_ Teacher/grade: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

\_\_\_\_\_ Yes, I would like to schedule a conference.

What day would you like to come in for a conference?

Circle One:            Wednesday, Nov. 18<sup>th</sup>            Thurs. Nov. 19<sup>th</sup>

\_\_\_\_\_ No, I would not like to schedule a conference.

## ABCs Of Student Success

**B** is for BEDTIME.

*Awwwww, Mom! Already?* Sound familiar? On average, children need 8 to 10 hours of sleep each night. Sleep is important for many reasons. Lack of sleep can cause kids to be hypersensitive, impatient, or cranky. It is more difficult for children to concentrate and learn when they are tired. (Some doctors even believe that during sleep the brain "files away" what is learned during the day.) Encouraging quiet activities -- such as reading -- just prior to bedtime offers a transition that helps children relax. *Sweet dreams!*

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Web sites for learning and fun -- for kids and parents together.

This week's Site to See:

**Addition Surprise** (Grades 1-3)

<http://www.harcourtschool.com/activity/add/add.html>

**Multiplication Mystery** (Grades 2-4)

<http://www.harcourtschool.com/activity/mult/mult.html>

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## Math @Home

### What Are My Chances?

Flip one coin. Every time it comes up heads, your child gets 1 point. Every time it comes up tails, you get 1 point. Flip it 50 times. Tally by 5's to make it easier to keep track of scores. The person with the most points wins. If one person has 10 points more than the other person does, score an extra 10 points. Does that happen very often? Why not?

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Helping Kids Get Organized

- ▶ Organization is important for everyone. Talk with your child about how you organize things and how he or she can become organized.
- ▶ Provide materials -- such as an assignment log, notebooks, folders, a calendar, and other tools -- that can get your child organized.
- ▶ When your child is presented with a large task, help them break it into small ones and establish a plan and deadlines for each task.

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## HEALTH NEWS

We wanted to let you know that children have been absent with a variety of different illnesses. Some students have had influenza or flu like symptoms. If your child is sick, call the school and leave a detailed message about their symptoms with the nurse. A child may not return to school until they have been fever free for 24 hours without medication. Also, if you volunteer in school and feel ill please stay home to help us protect others from getting sick.