

Counselors News -September 2011

The school counseling program is open to all students at East. We currently are offering a variety of services to children and their families.

- The role of the school counselor is to provide students with the skills needed to feel successful in life.
- To provide families, students and teachers with support.
- To develop plans for students who may have disabilities or learning challenges.
- To be an active member of the T.B.S.T. (Teachers based support team), the crisis team, and the attendance team.
- To identify students that may be at risk and acquire services for them.
- To help families with referrals for additional support.

At East we are currently providing individual and group counseling. We have several social skills groups currently running which include the lunch bunch, friendship club and recess clubs. The counseling program will also be providing lessons within the classroom on a variety of topics including building friendships, conflict resolution, anger management, character building, bullying/teasing and many other topics.

Services are available to help students with peer problems, family issues, death and grieving, anxiety/worrying, self esteem, abuse/neglect, bullies/teasing, behavior concerns, sadness, difficulties with school work and responsibilities and much more.

This month we are celebrating International Peace Day on September 21. Each classroom will be involved in a lesson,
What is Peace?

Please contact me anytime

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